



ROBIN FINN

writer, teacher, inner-peace enthusiast.

Robin Finn, MA, MPH, is passionate about helping women live more self-expressed, creative, and joyful lives.

She is an award-winning writer, teacher, and coach, and the founder and creator of Heart. Soul. Pen.[®], a writing collective blending deep-dive creativity and soul-centered writing for women.



@robinfinnauthor



@robinfinnauthor



@robinfinnauthor7753

www.robinfinn.com

.....
robin@robinfinn.com

Heart. Soul. Pen.[®]

S I G N A T U R E W O R K S H O P S

Guided Writing Workshop for Writers: Get Inspired. Get Unstuck. Get Started.

Attacking creative blocks and self-critique together propels us straight to the heart of what wants to be written. Through a mix of coaching, teaching, guided writing exercises, thought-provoking insights, simple strategies, and strength-based group sharing, Robin helps new and experienced writers re-connect to their voice on the page, find fresh inspiration, release harsh self-criticism, and uplevel their writing practice.

The result? Writing that is easy, unique, detailed, and bold—and writing projects reinvigorated with the momentum they need to become reality.

Guided Writing Workshop for Team-Building & Creative Inspiration

Getting creative together inspires the imagination, improves mental and physical wellbeing, and enhances a sense of community. Through a mix of coaching, teaching, guided writing exercises, thought-provoking insights, simple strategies, and strength-based group sharing, Robin helps participants spark creativity and build community in the work-place, and develop the tools, momentum, and mindset they need to jumpstart a creative practice, write with authenticity and impact, and feel more inspired at work and in their lives.

Guided Journal Writing Parties for Wellness & Self-Care

Writing and journaling is a form of self-care that inspires our imagination, improves brain functioning, and enhances mental and physical wellbeing. Through a mix of coaching, teaching, guided writing exercises, thought-provoking insights, simple strategies, and strength-based group sharing, Robin helps participants explore their unique voice on the page, light their creative spark, and develop the tools, mindset, and habits they need to invigorate a creative practice and feel more inspired in their lives.

Los Angeles Times

THRIVE  GLOBAL

BuzzFeed

The Washington Post

 HUFFPOST



The New York Times

JEWISH TELEGRAPHIC AGENCY